ISC Specialist Coaching

DEVELOPING WOMEN LEADERS THROUGH FOCUSED, HIGH-IMPACT GROUP COACHING

ISC GROUP

ENHANCED COACHING FOR WOMEN AT EVERY CAREER STAGE

ISC Specialist Group Coaching offers a focused, high-impact programme designed to unlock the potential of women within your organisation. Delivered in a small-group setting, each programme is available for a cohort of 5–8 women and comprises of five coaching sessions, providing a consistent, high-quality coaching experience with measurable outcomes.

This group coaching programme allows you to group women together from within your organisation who are at a similar career stages such as senior leaders, mid-level, early-career professionals, graduates, returners to work, and those over 50. It also creates a space where peers can learn and grow together, making the coaching more focused, relevant, and meaningful for each group.

- Five coaching sessions per cohort
- Delivered by one dedicated coach for continuity and depth
- Group size of 5–8 participants
- $4000 per cohort

Coaching Themes

These are just some of the coaching themes available. Do contact us if you have any other themes in mind.*

- Leadership Excellence
- Communication and Influence
- Resilience and Courage
- Confidence and Personal Brand
- Mastering Wellbeing

*Also available in French

WHY ISC SPECIALIST COACHING

In a world where budgets are becoming increasingly tighter and mid-level women are leaving organisations where they feel unsupported with no development opportunities, ISC Specialist Coaching is a cost-effective way to enhance your in-house development. As a CIC, we are have negotiated preferential rates with our curated experts to help you maximise your budget. These curated experts bring extensive experience from working with a wide range of organisations, offering practical, insight-led support across leadership, wellbeing, resilience, communication, personal brand development, and specialist areas like neurodiversity and trauma.

Each of our expert coaching sessions are shaped by experience and informed by ongoing engagement with organisations across insurance and financial services. We focus on the areas that matter most from, supporting career progression, building confidence, and enabling women to perform at their best.

Designed for Real Impact

The small-group format creates space for reflection, shared learning, and practical application. Participants leave with tools and strategies they can immediately apply in their roles, strengthening both individual performance and organisational capability.

Consistency is at the heart of this approach. Each cohort works with the same coach throughout all five sessions, ensuring:

- A trusted and supportive environment
- Deeper understanding of individual and organisational context
- Specialist insight tailored to the cohort's needs

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SPECIALIST COACHING BUNDLES

Specialist Coaching	Designed for Cohorts of 5-8	Topics
Leadership Excellence	For women looking to enhance their leadership skills relevant and practical support that reflects their experiences and ambitions.	• Leadership approach, & strategy • Decision-making • Leading with greater purpose and credibility • Negotiation • Succession planning
Communication and Influence	For women looking to strengthen their communication style and build greater confidence when engaging with colleagues, clients, and stakeholders.	• Communicating with clarity and impact • Executive presence • Professional influence • Navigating challenging conversations • Strengthening visibility and credibility
Resilience & Courage	For women looking for tools and strategies to navigate pressure, adapt to change, and sustain performance in demanding environments.	• Managing and navigating change • Resilience for long-term personal and professional success • Managing trauma • Strengthening self-awareness • Managing challenges with greater confidence

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SPECIALIST COACHING BUNDLES

Specialist Coaching	Designed for Cohorts of 5-8	Topics
Confidence and Personal Brand	For women looking to build self-belief and develop a stronger sense of professional identity	• Understanding yuur worth • Defining your personal brand • Communicating your value • Visible presence • Self-advocacy
Mastering Wellbeing	For women seeking sustainable performance and strategies for build healthier ways of working	• Mental and physical wellbeing • Strategies to avoid burnout • Managing pressure • Balancing life and work • Self-awareness and sustainable habits

What our members say...

"Thank you for organizing such an incredible series! Each session was insightful, practical, and deeply relatable. I highly recommend it. It's a truly powerful step toward sustainable success and well-being."

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ISC Career Coaching

Talk to the team about the ISC Career Coaching package today

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